

Explain the process of managing risk and how it applies to Forest School (scenarios)

Scenarios	Benefit Analysis	Management of risk
Tree Climbing	Being brave and overcoming fears. Recognising and managing risk. Develop muscle strength, hand-eye coordination and ability to assess own physical ability. Self-confidence and self-esteem increase when tree climbing is accomplished.	1. Check condition of tree. 2. Assess weather condition and ensure suitable clothing is worn 3. Safety talk - outlining protruding branches, weight management against thickness/strength of branches. 4. First Aid bag and instructions carried at all times.
Speed activities - running, rolling down hills	Using large space environment to engage in play. Use of different muscle groups. Controlling limitations of when to start and stop. Physical and social development.	1. Highlight condition of surfaces (wet, slippery, muddy) 2. Assess uneven surfaces or foreign objects stuck in the ground. 3. First Aid bag carried
Using Tools - Knives, Bill hook, Bow Saw	Physical use. Team building to make woodland crafts, shelters/dens. Self esteem - satisfaction in achieving	1. Check tools and ensure they are well maintained. 2. Give appropriate tool talk 3. Ensure adult:child ratio is adequate. . 4. Supervise group using tools. 5. Store tools away safely. 6. First Aid bag carried
Camp fire	Keeping warm or cooking. Team Building, social interaction and communication , sharing a meal with sense that all have contributed. Supporting each other and keeping each other safe.	1. Make group aware of Fire Safety policy - using knowledge of fire circle boundaries and seating to avoid slips or trips. 2. Fires to be located with minimum risk to surrounding land. 3. Fires lit at arms length and using fire lighter kits. 4. Leaders to remove hot items and children seated when passing hot items. 5. Water bucket and fire proof gloves available 6. Distinguish and remove all evidence of a fire. First Aid kit available
Playing games - Hide and seek, Go find	Imaginative play, social/physical. Exploring beyond the four walls of a building. Freedom in open space. Valuing self importance of being part of the group or opportunity to explore alone.	1. Complete generic woodland risk assessment 2. Explain boundaries of site limitations. 3. Explain what to do to attract attention (if required). 4. Ensure suitable clothing is worn. First Aid kit carried

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